

## **Correlation and Regression**

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# **Objective of the Session**

 To find relationships between quantitative variables and testing the validity of the relationship

## Introduction

- Statistical analysis is a tool for processing and analysing data and drawing inferences and conclusions
- It is also a double edged tool easily lending itself to abuse and misuse
  - Abuse can occur when poor data is collected and sophisticated techniques used resulting in unreliable result
  - Misuse can occur when good data is collected and poor techniques are used resulting in poor results
  - Misuse can occur when good data is collected and good techniques are used but there is poor interpretation of results

#### Correlation



- Correlation is a bi-variate analysis that measures the strength and direction of relationship between two quantitative variables
  - High Correlation means Strong relationship
  - Direction of the relationship is indicated by the sign of the coefficient: + sign mean a positive relationship and a sign means a negative relationship

# **Types of Correlation**

 Pearson's coefficient of correlation (r) for symmetric, bell shaped data - for normally distributed variables

- **Spearman** rank correlation is correlation between ranks for ordinal or skewed data (non-parametric)
- Kendal's tau is appropriate for ordinal or skewed data with ties and/or with small sample (nonparametric)

Questions Answered by Pearson's Correlation

 Is there a statistically significant relationship between age, as measured in years, and bone density, measured in mg/m<sup>2</sup> ?

- Assumption
  - Variables are Normally distributed
  - There is a linear relationship between them.
  - The null hypothesis is that there is no relationship between them

#### Pearson Correlation Interpretation

- Measures strength of linear relationship
- *r* lies between -1 and 1
  - If r = -1 there is perfect negative linear relationship
  - If r= 0 there is no linear relationship
  - If r=1 there is perfect positive linear relationship
- Can test whether a correlation coefficient *r* is statistically significant using a t-test

#### Scatter Plot of Relationships













# How large should *r* be?

- Physical sciences high correlations possible
- Biological sciences investigate high
- Crude Scale

Degree of Relationship	Positive	Negative
Very strong	0.8 to 1.0	-1.0 to -0.8
Strong	0.6 to 0.79	-0.79 to -0.6
Moderate	0.4 to 0.59	-0.59 to -0.4
Weak	0.2 to 0.39	-0.39 to -0.2
Very Weak	0 to 0.19	-0.19 to 0

# Steps for Correlation

- Check for normality of each variable (histogram and/or Q-Q Plot)
- Check whether there is a relationship between the variables and type by constructing a scatter diagram
  - Vertical Scale (Dependent): experimental results
  - Horizontal Scale (Independent): Time or classification
- Calculate the correlation coefficient
  - correlation between X and Y is the same as the correlation between Y and X
- Calculate the p-value to check whether the correlation coefficient is statistically significant

#### Pearson Correlation Formulas



Correlation Coefficient

$$y = \frac{N \sum xy - \sum (x)(y)}{\sqrt{N \sum x^{2} - \sum (x^{2})[N \sum y^{2} - \sum (y^{2})]}}$$

• Significance test

$$\mathbf{t} = \mathbf{r} \sqrt{\frac{\mathbf{n}-2}{\mathbf{1}-\mathbf{r}^2}}$$

#### Scatter Plot in STATA

twoway scatter reading1 reading2



#### Pearson Correlation Result in STATA

• pwcorr reading1 reading2, star(0.05) sig



- r= +0.95, which means as Reading1 increases, Reading2 also Increases. There is a very strong positive correlation
- 100r<sup>2</sup> =90%, means 90% of the variability of the data is explained by this relationship result1 and result 2

# **Correlation Notes**

- If r=0, that does not mean there is no relationship
  - there might be a strong non-linear relationship (examine the graphical data)
- Check for scatter plot outliers can affect the coefficient
- Causation cannot be directly inferred from a strong correlation coefficient (background information is essential)
- Correlation is useful for generating hypotheses

### **Correlation vs Regression**

- Correlation describes the strength and direction of an association between two variables (X and Y/Y and X)
- Regression describes the causal/trend of the relationship and predicts/forecasts future values of Y given X.
  - Helps us to understand how much the Y which is the dependent variable will change when there is a change in X which is the independent variable
  - Helps us predict trends and future values of Y

## **Correlation vs Regression**

- Unlike correlation, it is important which variable goes on which axis for regression
- When we want to explain the variation of variable Y by variable X, variable Y is the dependent and goes on the vertical axis and X is the independent variable and goes on the horizontal axis
  - Dependent also called Response or Outcome variable
  - Independent also called Explanatory or Predictor variable

## Linear Regression

- Linear regression is an analysis that assesses whether one or more independent variables explain the dependent variable
- If Y represents the dependent variable and X the independent variable, this relationship is described as the regression of Y on X.)
  - The relationship can be represented by a simple equation called the regression equation
  - The direction in which the line slopes depends on whether the correlation is positive or negative

# **Types of Regression Equation**

- Simple linear regression: 1 dependent variable and 1 independent variable
- **Multiple linear regression**: 1 dependent variable and 2 or more independent variables
- Logistic regression: 1 dichotomous dependent variable and 1 or more nominal, ordinal, interval or ratio-level independent variables
- **Ordinal regression**: 1 ordinal dependent variable and 1 or more nominal or dichotomous independent variables
- **Multinomial regression**: 1 dependent nominal variable, 1 or more interval or ratio of dichotomous independent variables

# Assumptions of Linear Regression

- Linear relationship
- Normality
- No or little multicollinearity multi-variable
- No auto-correlation residuals
- Homoscedasticity residuals
- A sample size of at least  $\geq 30$

## Steps for Linear Regression

- Determine the correlation
- Estimate the model fit the line
- Evaluate the validity of model

# Simple Linear Regression Equation

- Equation  $Y = \beta_0 + \beta_1 X + \epsilon$  (Y = a + bX)
  - Y is the estimate of dependent/outcome variable
  - $\beta_0$  is the regression coefficient for the intercept
  - $-\beta_1$  is the regression coefficient for the slope (the change in the mean value of Y for a unit change in X)
  - X is the score on the independent variable
  - $-\epsilon$  is the random error term
- $Y = \beta_0$  if X=0

#### Simple Linear Regression Formula

Calculation of Intercept and Slope using Least squares estimates

$$\hat{\beta}_{1} = \frac{\sum_{i=1}^{n} y_{i} x_{i} - \frac{(\sum_{i=1}^{n} y_{i})(\sum_{i=1}^{n} x_{i})}{\sum_{i=1}^{n} (x_{i} - \bar{x})^{2}}$$
$$\hat{\beta}_{0} = \bar{y} - \hat{\beta}_{1} \bar{x}$$

• When you have calculated you can estimate the regression equation  $\hat{y} = \hat{\beta}_0 + \hat{\beta}_1 x$ 

## Simple Linear Regression Abuse of Statistical Packages

- The regression line is the best fit line that predicts Y to best possible accuracy.
- You can find a linear regression equation for a set of data using Excel or STATA but that does not necessarily mean the equation is a good fit for your data.
  - Do a scatter plot first to see if relationship is linear
  - Conduct tests on the regression coefficients obtained and residuals
  - Check the model value

#### Simple Linear Regression Model Adequacy

- Coefficient of Determination R<sup>2</sup>
  - is a measure of the amount of variability in the data accounted for by the regression model
  - R<sup>2</sup>=0.95 means 95% of the variability in the data is explained by the regression model, indicating a very good fit of the model
  - R<sup>2</sup>=0.5 means only 50% of the variability in the data is explained by the regression model

#### Simple Linear Regression Model Adequacy

- Residuals Check
  - Follow the normal distribution
  - Have a constant variance
  - Pattern is random when residuals are plotted in a time or run-order sequence

#### Question – Simple Linear Regression

- Does the duration on ART have and influence on the bone density?
  - Determine the duration on ART of adolescents and measure the bone density
- The linear regression analysis can then show whether the duration on ART (independent variable) has an effect on the bone density level.
  - Predict when an adolescent has been on ART for X-years the bone density is Y mg/m  $^2$  .
  - Show trend of bone density decrease for every additional year on ART

#### **Regression in STATA**

#### regress reading1 reading2

Source	SS	df	MS N	umber of obs	=	184
+-				- F(1, 182)	=	1631.18
Model	1824037.79	1	1824037.7	9 Prob > F	=	0.0000
Residual	203518.169	182	1118.231	7 R-squared	d <b>=</b>	0.8996
+-				- Adj R-squ	ared =	0.8991
Total	2027555.96	183	11079.540	8 Root MSE	=	33.44
reading1	Coef.	Std. Err.	t	P> t  [9	95% Conf.	Interval]
+-						
reading2	.9473902	.0234573	40.39	0.000	901107	.9936734
cons	36.49349	15.85037	2.30	<b>0.022</b> 5.	219379	67.76761

#### Histogram of Residuals in STATA

histogram resid, normal





- For every unit increase in x, y increases on average by 0.95 of X
- 90% of the variability in the data is explained by the regression model, indicating a good fit of the model

# Notes for Simple Linear Regression

- The aim is to fit a straight line to the data that best describes the relationship and gives an estimate of the relationship of variable X and Y in the population
  - The most useful line is the one that minimises the distance between the data points and the line using the least squares regression
  - The line of 'best fit' is the one that gives the smallest sum of squares of residuals



# Notes for Simple Linear Regression

 For clinical/biological data the regression line should not be extended outside range of the data it comes from (zero values of X sometimes do not have meaningful value of Y

# QUIZ



- Which do you use to determine the following
  - Do the values of Y tend to be higher (or lower) for higher values of X
  - What is value of Y likely to be when we know the value of X
- How to you explain this result
  - Relationship between height and skeletal maturity is given by
     Height = 97.9 + 0.215 Skeletal Maturity
     This means, when skeletal maturity is 0, height is
     97.9cm

#### Logistic vs Linear Regression

 Logistic regression, as shown in Graph B, fits the relationship between X and Y with a special S-shaped curve that is mathematically constrained to remain within the range of 0.0 to 1.0 on the Y axis







# Logistic Regression

- Used to evaluate whether or not an event occurred
  - suitable when outcome/event is measured on a dichotomous scale (binary)
  - —e.g presence(Y=1) or absence (Y=0) of disease e.g. HIV

#### Logistic Regression Equation

- Equation: Logit (p) = log  $\left(\frac{p}{1-p}\right) = \beta_0 + \beta X_1$ 
  - p= probability of disease = P(Y=1)
  - $\beta$  is the rate of change in the "log odds" of the event  $\gamma$
  - Because of these complicated algebraic translations, logit regression coefficients are not easy to interpret
    - We usually translate using exponent function  $e^{\beta}$
    - The coefficient is called the odds ratio

#### Odds Ratio

- The ratio  $\left(\frac{p}{1-p}\right) = e^{\beta}$
- It is an odds ratio and is a function of the probability

 Odds indicates how much more likely a certain event occurs in one group relative to the other eg. HIV positive vs HIV negative

### Odds Ratio Notes

- Odds ratio = 1: implies no association, that is, the predictor does not affect presence of disease
- Odds ratio >1: implies association, whereby the predictor increases the presence of the disease
- Odds ratio <1: implies association, whereby the predictor reduces the presence of the disease
- If the confidence interval of the Odds ratio crosses 1 e.g. 95%Cl 0.9-1.1 this implies there is no statistically difference between the two groups
  - P < 0.05 indicates a statistically significant difference between groups</li>

# Odds Ratio Notes

- Comparing drug effect to its placebo has OR: 0.5 95%CI 0.3-0.6"
  - The odds of death when drug is used is 0.5 times less than when it is not used
  - The odds of death when drug is used is 50 % less than when it is not used with the true population effect between 70% and 40%.

# With Single Binary Predictor

- Y= 1 if develops disease or Y= 0 if does not develop disease
- X=1 if exposed to a factor or X=0 if not exposed

- If X=0 then Logit (p) =  $\beta_0 + \beta(x=0) = \beta_0$
- If X=1 then Logit (p) =  $\beta_0 + \beta(x=1) = \beta_0 + \beta$ - Odd ratio =  $e^{\beta_0}$  or =  $e^{\beta_0 + \beta_1}$

# Assumptions of Logistic Regression

- The dependent variable should be dichotomous in nature (e.g., Yes vs. NO).
- Avoid outliers in the data, which can be assessed by converting the continuous predictors to standardized scores
- There should be no high correlations (multicollinearity) among the predictors (if multivariable)

# Model Adequacy

- Hosmer-Lemeshow goodness of fit test
  - Checks how closely the observed and the predicted probabilities match using the Chi-square statistic
  - If sample size is small , the model can fit well but can fail with a larger dataset
- R<sup>2</sup> developed for binary logistic regression
  - Should be interpreted with extreme caution as they have many computational issues which cause them to be artificially high or low

# Model Adequacy

- Over-fitting
  - Avoid adding too many independent variables as this increases the amount of variance explained in the log odds
  - reduces the generalizability of the model

# Abuse of Statistical Packages

- You can find a logistic regression equation for a set of data
  - Does not necessarily mean the equation is a good fit for your data.
- Conduct tests on the regression coefficients

• Check the model value

# Question – Logistic Regression

- How does the probability of having Osteoporosis (yes vs. no) change for every additional year person lives after the age of 30 years?
  - Determine if the person has Osteoporosis and age
- Logistic regression answers
  - causal relationship
  - forecast an outcome
  - show trend

# Example – 1 Binary Predictor

- p03resc = 1 if one has HIV or p03resc = 0 if does not have
- p07orph =1 if one is an orphan or p07orph =0 if one is not
- If p07orph =0 then Logit (p) =  $\beta_0$
- If p07orph =1 then Logit (p) =  $\beta_0 + \beta$

#### **Tabulation in STATA**

• tab p03resc p07orph, col chi



## Logistic Regression in STATA

#### logit p03resc p07orph

Iteration ( Iteration 2 Iteration 3	0: 1: 2: 3:	log likelih log likelih log likelih log likelih	ood = -1854. ood = -1669. ood = -1651. ood = -1651.	4047 3329 4466 3956				
Iteration 4	4:	log likelih	ood = -1651.	3956				
Logistic re Log likelik	egres hood	sion = -1651.395	6		Number o LR chi2 Prob > o Pseudo F	of obs (1) chi2 R2	= = =	9,641 406.02 0.0000 0.1095
p03res	SC	Coef.	Std. Err.	Z	P> z	[95%	Conf.	Interval]
p07org	oh   ns	2.066649 -3.611167	.0984151 .0687954	21.00 -52.49	0.000 0.000	1.873 -3.746	3759 6004	2.259539 -3.47633

# Logit Model

• Logit (p) = -3.611 + 2.066p07orph

• The coefficient 2.07 implies that a change in opharnhood status results in a 2.07times change in the log odds of being HIV positive

## Logistic Regression in STATA

- logit p03resc p07orph, or
- logistic p03resc p07orph

```
Logistic regression Number of obs = 9,641

LR chi2(1) = 406.02

Prob > chi2 = 0.0000

Pseudo R2 = 0.1095

p03resc | Odds Ratio Std. Err. z P>|z| [95% Conf. Interval]

p07orph | 7.898308 .7773125 21.00 0.000 6.512729 9.578668

_cons | .0270203 .0018589 -52.49 0.000 .0236119 .0309207
```

The odds of being HIV positive are 7.9 times more likely when a child is an orphan as compared to when a child who is not an orphan

# Notes for Regression

- Logistic regression assumes that the dependent variable is a stochastic event
  - Yes or No, Dead or Alive
  - If the likelihood of having a disease is greater than 0.5 it is assumed diseased, if it is less than 0.5 it is not diseased
  - Note the reference group/unit of the predictor variable (eg. Lowest or 0/kg)
  - STATA : Outcome coding Yes=1 and No=0
- Logistic regression is a predictive analysis and also explains the relationship between one dependent binary variable and one or more independent variable
  - Interpretation slightly different when more than one variable is used

## Hint

- When you are **interpreting** an **odds ratio** for Logistic regression
  - Check how it deviates from 1
  - Easier to understand negative result when expressed as percentage ( so multiply result by 100)
  - For an odds ratio of 0.75 (0.75-1=-0.25), means that in one group the outcome is 25% less likely
  - For. An odds ratio of 1.33 (1.33-1)means that
     in one group the outcome is 33% more likely

# Quiz



- Results : In logistic regression analysis, among workers of 8 major job groups, those who experienced prior acute injuries were more likely to have musculoskeletal symptoms in the same region as that of the injury (for the upper extremities), odds ratio [OR] 2.19, 95% confidence interval [CI] 1.51-3.16
- What is the outcome variable
- What do these results mean in simple english



- You will never need to calculate this manually because of all the statistical packages available
- You need to be able to interpret the results



#### Thank You